



21 DAYS

— OF PRAYER —
AND FASTING

THE PRACTICE OF PRAYER

TALKING TO GOD

Matthew 6:5-15

HELPFUL TOOLS:
Lectio 365
Every Moment Holy
How To Pray (Pete Greig)

THE A.C.T.S. MODEL OF PRAYER

Adoration
Confession
Thanksgiving
Supplication

TALKING WITH GOD

1 Thessalonians 5:16-18

BOOK RECOMMENDATION:
'PRAYING LIKE MONKS,
LIVING LIKE FOOLS'
BY TYLER STATON

LISTENING TO GOD

John 10:27

LECTIO DIVINA
Read
Reflect
Respond
Rest

BEING WITH GOD

2 Corinthians 3:12-18

THE PRAYER OF EXAMEN
Replay
Rejoice
Repent
Reboot



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EM Bounds Bounds was a man who "prayed because he believed." He was alarmed by the lukewarmness he saw in the church at his time. Formerly, he served in ministry as a Civil War chaplain in the USA, and would go onto become a Methodist pastor who authored many classic works on prayer to ignite a fire in believers to encounter God in the reality and practicalities of prayer. He taught that without dedicated and sacrificial communication with God, the church remains powerless against spiritual darkness. Spiritual power is gained not through effort, but through the realities of prayer. If you would like to listen to some of his audiobooks, just click on the books titles below.

EM BOUNDS AUDIOBOOKS

[Purpose in Prayer](#)

[The Reality of Prayer](#)

[Power Through Prayer](#)